

THE HOLY EUCHARIST

Thirteenth Sunday after Pentecost – August 18, 2024

WE GATHER IN PRAISE

PRELUDE Meditation Fernando De La Tombelle, Arr. Jon Spong

OPENING HYMN [O Praise ye the Lord](#) Hymnal 432

OPENING PRAYERS

Presider Blessed be God whom we know as Father, Son and Holy Spirit.

People **And blessed be the life of God among us!**

Presider The Lord be with you.

People **And God's Spirit with you.**

Presider Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

SONG OF PRAISE Love is spoken here Reinach/Richards

Love is spo - ken here Step in - side the door - way
Make your - self at home my friend where God is near.
Love is spo - ken here, Hush, and you will hear it, And
when the qui - et's bro - ken, love is spo - ken here.

WE RECEIVE GOD'S WORD

READING FROM THE NEW TESTAMENT Ephesians 5:15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Reader For the Word of God in Scripture; for the Word of God among us:

People **Thanks be to God.**

PSALM 34:9-14

⁹ Fear the Lord, you that are his saints, **for those who fear him lack nothing.**

¹⁰ The young lions lack and suffer hunger,
but those who seek the Lord lack nothing that is good.

¹¹ Come, children, and listen to me; **I will teach you the fear of the Lord.**

¹² Who among you loves life **and desires long life to enjoy prosperity?**

¹³ Keep your tongue from evil-speaking **and your lips from lying words.**

¹⁴ Turn from evil and do good; **seek peace and pursue it.**

GOSPEL CHANT God has spoken to God's people Willard F. Jarbusch

God has spo - ken to God'speo - ple, Hal-le - lu jah!
And his words are words of wis - dom, Ha-le - lu - jah! Ha-le - lu - jah!

THE GOSPEL John 6:51-58 *The gospels are stories of Jesus' life*

Presider The Holy Gospel of our Lord Jesus Christ according to John

People **Glory to you, Lord Christ.**

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jewish leaders then disputed among themselves, saying, “How can this man give us his flesh to eat?” So Jesus said to them, “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”

Presider The Good News of the Lord.
People **Praise to you, Lord Christ.**

SERMON “What is this eucharist of ours all about?” The Rev. Dr. Kate Heichler

PRAYER SONG “Eat this bread” *Taizé*



Eat this bread, drink this cup, come to me and ne - ver be hun - gry.

Eat this bread, drink this cup, trust in me and you will not thirst.

OUR PRAYERS *(Please stand or kneel.)*

In peace, we pray to you, Lord God.
We thank you, Lord, for all the blessings of this life. *We offer our thanksgivings aloud*

We will exalt you, O God our King;
And praise your Name for ever and ever.

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop; Mariann, our Bishop; Kate, our pastor;
for all the ministers at the Christ Churches. **For all who serve in God’s Church.**

For the special needs and concerns of this congregation.
We pray aloud for concerns and petitions for the world, nation and loved ones

We pray in faith for healing for:
We lift up those in need of healing, laying hands on those in our presence.
Hear us, Lord;
For your mercy is great.

We pray for those who have died... and all others whom we name now...
That they may have a place in your eternal kingdom.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins. *(A moment of silent reflection)*
Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown, things done and left undone;
and so uphold us by your Spirit that we may live and serve you in newness of life,
to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Presider offers assurance of forgiveness.

THE PEACE *(Please stand as you are able)*

Presider The peace of the Lord be with you.
People **And also with you.**

The people exchange a sign of Christ’s peace with their neighbors.

OFFERING OF OURSELVES AND OUR GIFTS

Please support our mission as you feel moved - text "CCLAPLATA" to 73256 or online at <https://christchurchlaplata.org/donate/> or cash in the offering plate. Thank you!



OFFERTORY SONG

[Let thy blood in mercy poured](#), vv. 1,2,4

Hymnal 313

THE HOLY MEAL

THE GREAT THANKSGIVING

The people are invited to participate, praying the words in bold type.

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, for you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

HOLY, HOLY, HOLY (Sanctus)

Kate Heichler, 2000

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might. Hea-ven and
earth are full of your glo-ry, ho - san - na in the high - est. Blessed, bless - ed,
bless-ed is he who comes in the name of the Lord; Ho - san - na in the
high est, Ho - san - na in the high - est.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be embodied through the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "**Take, eat: This is my Body, which is given for you. Do this to remember me.**"

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "**Drink this, all of you: This is my blood, sealing God's promise to forgive your sins. Whenever you drink it, do this to remember me.**"

Therefore, according to his command, O Father,
We remember his death;
we proclaim his resurrection;
we await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being made holy by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory are yours, Almighty God, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say:

THE LORD'S PRAYER (*Jesus' Original*)

**Our Father in heaven,
holy is your Name.
Your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread,
And forgive us our sins as we forgive
those who sin against us.
Save us from the time of trial
and deliver us from evil,
For the kingdom, the power, and the
glory are yours, now and for ever. Amen**

THE LORD'S PRAYER (*Elizabethan translation*)

**Our Father, who art in heaven,
hallowed be thy Name.
Thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses as we forgive
those who trespass against us.
And lead us not into temptation,
but deliver us from evil,
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen**

The Presider breaks the consecrated Bread. A period of silence is kept.

Presider Risen Lord:
People **Be known to us in the breaking of the bread.**

INVITATION

The gifts of God for the beloved of God. Come, when you are fearful, and be made new in love. Come, when you are doubtful, and be made strong in faith. Come, when you are regretful, and be made whole in Christ. Come to Christ's table – there is room for all.

All are welcome to communion, coming up the center aisle and returning by the side aisles, disposing of the wine cup in the basket on your way back to your pew.

*Those who wish to sip from the common cup, please indicate so to the chalice bearer.
If you don't wish to receive you may cross your arms for a blessing.*

COMMUNION MUSIC Jesus Loves Even Me Philip P. Bliss, Arr. Melody Bober

PRAYER OF THANKS

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING OF EUCHARISTIC VISITORS

Almighty God, this meal does not end here – you continue to nourish us, and to feed others through us. Bless these elements and vessels, and the lay eucharistic visitors who carry them out, that your Body and Blood may nurture those members of our family unable to worship with us today.

PASTORAL BLESSING

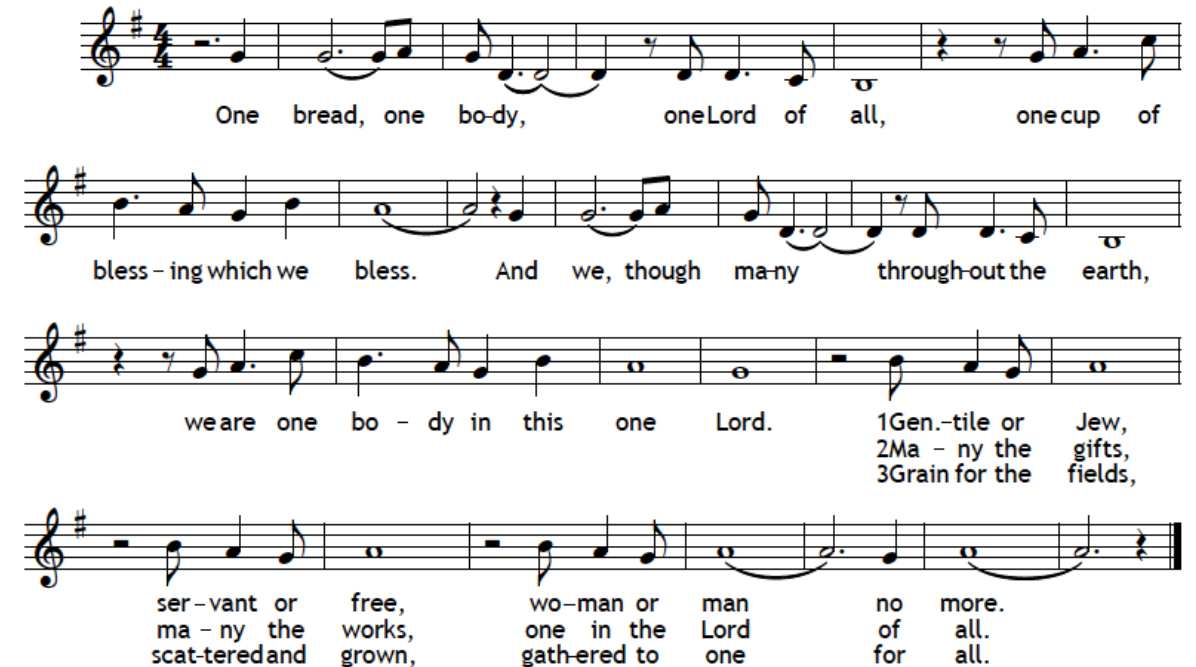
PRAYERS FOR BIRTHDAYS AND ANNIVERSARIES

COMMUNITY NEWS

CLOSING HYMN

One bread, one body

John B. Foley, SJ, 1978



One bread, one bo-dy, one Lord of all, one cup of
 bless-ing which we bless. And we, though ma-ny through-out the earth,
 we are one bo - dy in this one Lord. 1Gen-tile or Jew,
 2Ma - ny the gifts,
 3Grain for the fields,
 ser-vant or free, wo-man or man no more.
 ma-ny the works, one in the Lord of all.
 scat-tered and grown, gath-ered to one for all.

SENDING *People* **Thanks be to God! Alleluia, Alleluia!**

POSTLUDE Chorale Postlude J.S. Bach; Arr. Ellen Jane Lorenz

MUSIC AND WORSHIP NOTES

Organ and Piano: Mary Kercher; Guitar: Kate Heichler

Hymns are found in the hymnals in our pews, and words are provided on slides.

Those worshipping online can click the link on the hymn name and find the tune there.

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OUR PRAYERS

We give thanks for: Our altar guilds and flower arrangers and musicians

Milestones: Russ Goemaere, Patsy Coy, Betty Mae Hannah

We pray for: Our finance teams ministries

Those in need of healing – Bart, Bill, Kathie, Kathleen, James; Douglas; Janet; Bill

ANNOUNCEMENTS

END OF SUMMER POTLUCK PICNIC AT REV. KATE'S! AUGUST 25, 3-6 PM – All are welcome to Rev. Kate's house on the water in Newburg for a potluck – she will have kayaks on hand for those who want to do a little paddling, and we can enjoy a picnic and the joys of summer! Please sign up so we know how many to set up for.

HELP MAINTAIN OUR GARDEN – We are seeking a few people to monitor it mid-week and on Sundays, harvest what's there for the Fridge, and water as needed. Please contact Marie at the Parish Office (301-392-1051) if you can help.

AND SPEAKING OF THE COMMUNITY FRIDGE – as we find ourselves with excess food from our gardens or grocery shopping, remember there is a place you can bring fresh food and protein where people who are hungry can access it 24/7 – our Community Fridge. And please take some flyers to give to your neighbors so they get in the habit.

WATER YOUR SPIRIT EVERY DAY – Subscribe to [Water Daily](#), Rev. Kate's daily reflections on Sunday's gospel reading. Subscribe to email [here](#); podcast [here](#).

ONLINE GIVING – You can text a donation - text "CCLAPLATA" to 73256, and follow the prompts to select Wayside. You can also give online - go to www.christchurchlaplata.org and scroll down to the "Donate" link.

GIVING FUND – Our Giving Fund is getting many requests – please give as you're able.
